

MEDICINAL PLANTS

13. ARJUN TREE



Scientific name: Terminalia arjuna

MEDICINAL USES:

- Terminalia arjuna, commonly known as arjuna, belongs to the family of Combretaceae.
- Its bark decoction is being used in the Indian subcontinent.
- It can be used for anginal pain, hypertension, congestive heart failure, and dyslipidemia, based on the observations of ancient physicians for centuries.

14. SIAM WEED



Scientific Name: *Eupatorium odoratum*

MEDICINAL USES:

- In particular, the several parts of this herb have been used to treat wounds, burns, and skin infections.
- Furthermore, it has also been shown to possess anticancer, antidiabetic, anti-hepatotoxic, anti-inflammatory, antimicrobial, and antioxidant properties.
- The liquid from the leaves are used to stop blood resulting from wounds and it is also used to heal wounds.
- The leaves are used to cure stomach ache, preserve dead bodies and for the treatment of bilharzia.
- The roots are also used to cure waist pains.

15. LEADWORTS



Scientific name: Plumbago

MEDICINAL USES:

- It is used as a medicine in Africa and Asia.
- Orally, Ceylon leadwort is used for birth control, diarrhea, constipation, stomach ulcers, high cholesterol, diabetes, asthma, and many other conditions.
- Leadwort is a potent medicinal agent used in the treatment of stubborn chronic rheumatoid arthritis, skin diseases and tumorous growths as recommended by Ayurveda.
- It also finds its use in correcting chronic menstrual disorders, viral warts and chronic diseases of nervous system.